

Friction blisters on the hands or feet are often painful during healing but will normally heal within a week. Blisters should not be burst (unless recommended by a GP), the skin should not be peeled off from a blister and they should not be picked at as these actions could possibly cause infection. It is advisable not to wear the same shoes (if blisters are experienced on the feet) or use the same equipment that was the cause of the blister to form, until healing is complete.

Here at Nativis, we have developed a soap and a gel that will rapidly cleanse and sooth the blistered region, facilitating a rapid relief from the pain and discomfort often felt at the blistered site. Our sensitive soap will cleanse and hydrate the skin on and around the blistered site, preventing infection from developing. The gel will sooth the affected area and deeply hydrate it to speed up the recovery process. The soap and gel are 100% natural in composition, and both contain a natural active ingredient derived from Sericin which we have called Silk Hydra-Fix[®]. This active ingredient will hydrate the skin and also moisturise it simultaneously. Regular use of the soap and gel on a blistered site should restore the skin to good health after 5-7 days at most.

Products Package for Blisters

Silk Hydra-Fix Soap (75g) Directions for Use - Wash First



1. After wetting the affected area with warm water, build up a lather with the soap and gently cleanse the affected area using clean fingers.
2. Dab dry the affected area after rinsing with warm water, using a clean cotton towel.

Silk Hydra-Fix Moisturising Gel (200g)



Directions for Use - Hydrate and Moisturise

1. After washing, apply a small quantity of the gel onto the affected area. Do not massage it in as this may be painful.
2. Apply a soft plaster to cover the blistered area once the gel has been applied.
3. Always apply a fresh plaster every time the blister site is washed, and the gel applied to minimise the risk of infection. Always wash the hands before carrying out the above procedure to again minimise the risk of infection.

Package Price £26.10 - SAVING 10%

Repeat above procedure at least twice a day for best results. If the blister bursts then allow it to fully drain before washing, applying the gel and covering with a plaster. Inspect it regularly to see that it has not become infected (may feel hot and be filled with yellow or green puss). If infection is suspected, then it is important to seek medical advice through a GP. Following the routing given above should see the condition improve within 5-7 days at most.

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